COVID-19 Vaccines:

Your best shot against COVID-19.

Last Updated February 8, 2021





Protecting each other from COVID-19 starts with the 3Ws—Wear. Wait. Wash.

If you leave home, know your 3 Ws! iSi sales de casa, recuerda las 3 Ms!



WEAR

a cloth mask over your nose and mouth.

MASCARILLA

Usar una mascarilla de tela cubriendo nariz y boca.



WAIT

6 feet apart. Avoid close contact.

MANTENER

6 pies (2 metros) de distancia. Evitar estar cerca de los demás.

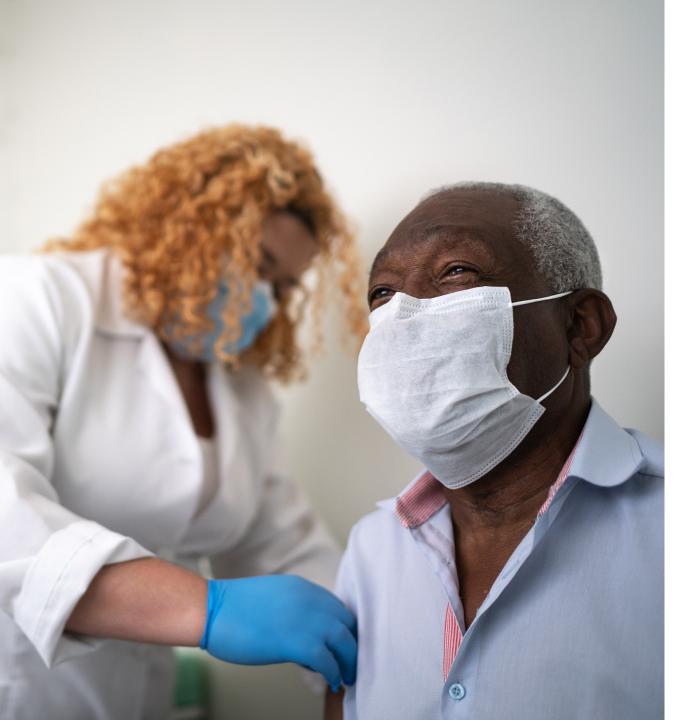


your hands or use hand sanitizer.

MANOS

Lavarte las manos con frecuencia o usar desinfectante para manos.





You'll soon be able to take a safe vaccine to protect you from getting COVID-19.

It's free to everyone.

Because vaccine supplies are currently limited, you may have to wait for your spot to take your shot.

Here's what you need to know.

Leading with equity: We must earn trust.

- Racism runs throughout our social, economic, and health care systems, causing unequal access to care, maltreatment, and neglect for historically marginalized communities. These longstanding and continuing racial and ethnic injustices in our health care system contribute to lack of trust in vaccines.
- North Carolina is drawing upon the experience and expertise of leaders from historically marginalized communities to develop and implement its vaccine plan.



Tested, safe, and effective COVID-19 vaccines will help us get back in control of our lives and back to the people and places we love.

- Scientists had a head start, and thousands of volunteers helped with clinical trials.
- The vaccines are tested, safe, and effective.
- You cannot get COVID-19 from the vaccine.
- Supplies will be limited at first.
- You have a spot to take your shot.



Scientists had a head start.



- COVID-19 vaccines are built on years of work to develop vaccines for similar viruses.
- The first two vaccines use a method that researchers have been studying and working with for decades.

Dr. Kizzmekia Corbett is a viral immunologist at the Vaccine Research Center at the National Institute of Allergy and Infectious Diseases, National Institutes of Health. Dr. Corbett's team began the first stage of clinical trials. They took the knowledge they gained in the last six years of research and applied it to a vaccine platform in collaboration with Moderna. The vaccine rolled out 10 months later. Dr. Corbett is from Hurdle Mills, NC.



The vaccines are tested, safe, and effective.



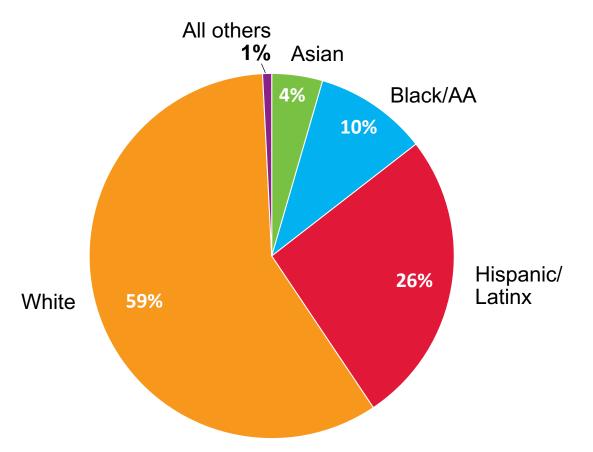


- All vaccines are rigorously tested for safety and effectiveness.
- More than 70,000 people volunteered in clinical trials for two vaccines—Pfizer-BioNTech and Moderna—to make sure the vaccines were safe and worked to prevent COVID-19.
- To date, the vaccines are 95% effective in preventing COVID-19.
- There were no serious safety concerns in the clinical trials with either vaccine.
- You could have temporary reactions like a sore arm, headache, or feeling tired and achy for a day or two.

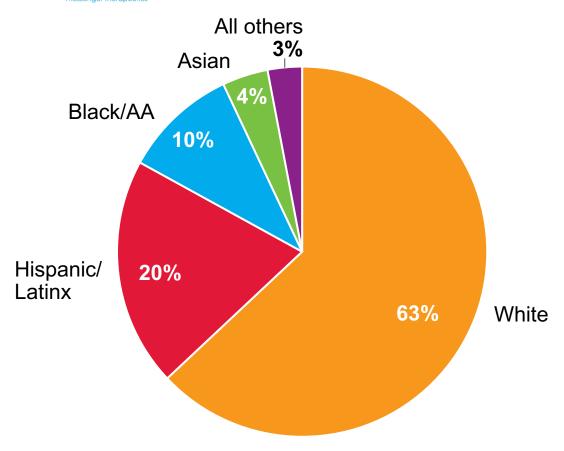


There have been intentional efforts to recruit volunteers from historically marginalized populations.









Source: https://www.pfizer.com/science/coronavirus/vaccine

Source: https://www.modernatx.com/sites/default/files/content_documents/2020-COVE-Study-Enrollment-Completion-10.22.20.pdf



You cannot get COVID-19 from the vaccine.

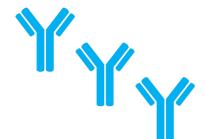
Vaccines safely increase your body's natural ability to fight the virus before the virus attacks you. That's how you win, and the virus loses. Here is how the Pfizer-BioNTech and Moderna vaccines work:

Vaccines imitate COVID without giving it to you.

Vaccine

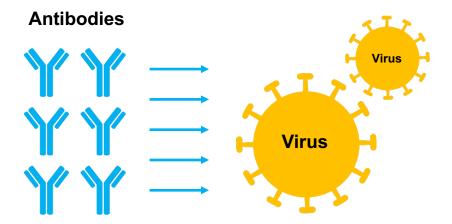
Antibodies





The Pfizer-BioNTech and Moderna vaccines give your body instructions to make a protein that safely teaches your body how to make an antibody to fight the real COVID-19.

You can fight off the real virus if it tries to attack you.



After getting vaccinated, you develop the ability to fight off the real virus because your body is strong enough and knows how to win.



Two shots are necessary—and we have a plan to help everyone get both doses.

- The Pfizer-BioNTech and Moderna vaccines require two shots to build up strong immunity against COVID-19.
- The second shot will come 3 to 4 weeks after the first.
- It is important to get two doses of the same vaccine.
- We built a system—the COVID-19 Vaccine Management System—to help make sure people are safe and get the right second dose at the right time.



Millions of people in the U.S. have received their first dose.



"I want to be around my grandkids. I enjoy being out. The sooner people get vaccinated, the sooner we can finally get ahead of this. Just as more and more people began wearing masks, I think we'll see a growing number of people who want to get vaccinated to protect themselves and others."

Representative Shelly Willingham



Gladys Arellano Cabal of Charlotte, NC



Former Governor Jim Hunt



Frank Jones of Wilson, NC – Community Leader



Dr. John W. Hatch, professor emeritus, public health, UNC-Chapel Hill

Your privacy and personal information are protected at all times.

- Nothing in the vaccine can be tracked the protein your body makes cannot be tracked and it disappears after it finishes making you stronger.
- Personal information about your vaccination and health are protected at all times.
- We do not send any personal information to the CDC.
- To follow state law, North Carolina submits year of birth (not date of birth), the first 3 digits of the vaccine's recipient's zip code (as long as that zip code includes more than 20,000 people), as well as the date of submission of the vaccination record.



Our goal is to vaccinate as many people as quickly and fairly as possible given the limited supply of vaccines.

- Limited supply means we are prioritizing those at the higher risk of exposure to the virus and sickness and death.
- Demand for vaccines vastly exceeds our supply.
- Limited supply may result in wait times, but everyone will have a chance when their priority group is eligible and as vaccine supplies increase.



Vaccines will be available to all—for free.

- Supplies will be limited at first.
- The Pfizer-BioNTech and Moderna vaccines have been authorized and sent to states, but it will be some time before they are widely available to everyone.
- The best way to fight COVID-19 is to start first with vaccines aimed at helping to slow the spread and save lives.
- More people will be reached when the vaccine supply increases throughout 2021.
- The vaccines are free to everyone, even if you don't have health insurance.
- Rest assured: You have a spot to take your shot.



Your best shot at stopping COVID-19.



1 Health Care Workers and Long-term Care Staff and Residents

ACTIVE GROUP

2 Older Adults

ACTIVE GROUP

3 Frontline Essential Workers

4 Adults at High Risk for Exposure and Increased Risk of Severe Illness

5 Everyone

North Carolina receives shipments of COVID-19 vaccine each week.



Federal government decides how much vaccine each state receives based on the state's population NC DHHS
determines which
providers will receive
doses based on
reaching prioritized
populations

Manufacturer ships the vaccines to local providers

Providers safely store and handle vaccines

North Carolinians are vaccinated in groups, as vaccine is available



Keeping everyone informed: You have a spot, take your shot.

- We are working hard to give North
 Carolinians the information they need to take their shot.
- Look for information at news conferences, our website, social media, and from trusted community leaders.
- Community leaders and organizations are helping to shape the campaign and are reaching out to the public.
- The goal is to provide all with a spot for honest information and updates on where they can get their shot.

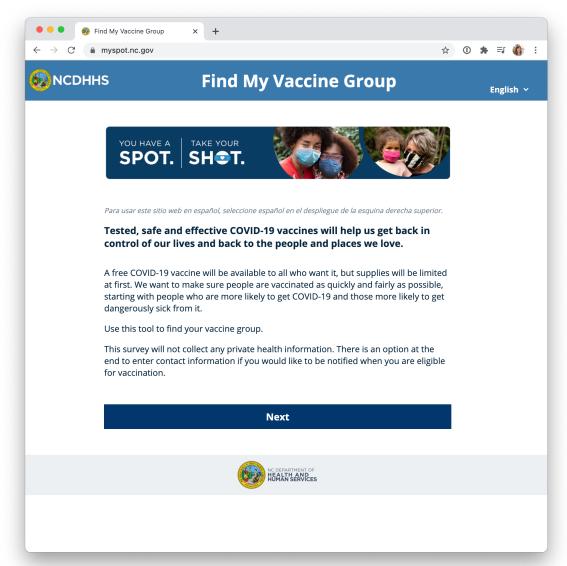


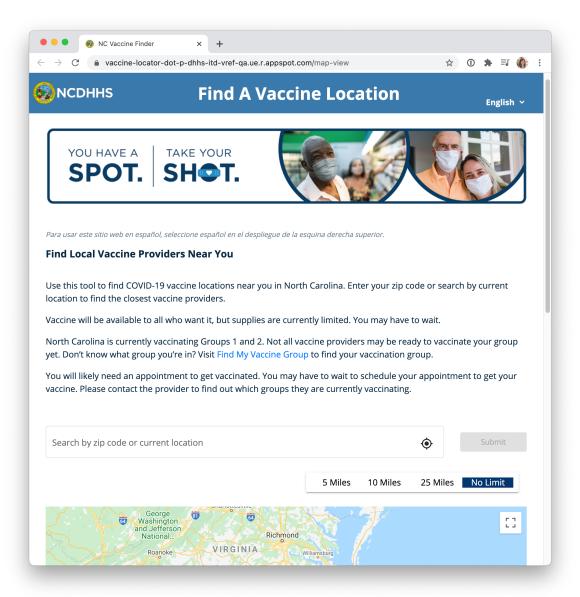
North Carolina is working to build better ways for more people to find information and a provider to get vaccinated.

- YourSpotYourShot.nc.gov is your spot for reliable and accurate information.
- North Carolina's new COVID-19 Vaccine
 Help Center is available to answer your
 questions at 1-888-675-4567.
- Find My Group helps people know when it is their turn to get a COVID-19 vaccine.
- Find My Spot helps people locate a COVID-19 vaccine provider when it's their turn.



Online Resources | Find My Group and Find My Spot







Leading medical and professional organizations are encouraging Americans to get vaccinated.































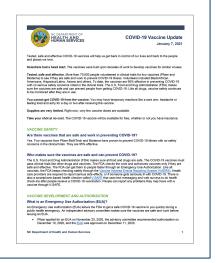
Online Resources | Updated Regularly

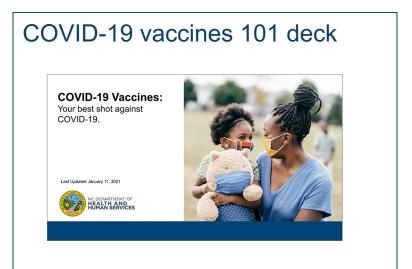
YourSpotYourShot.nc.gov

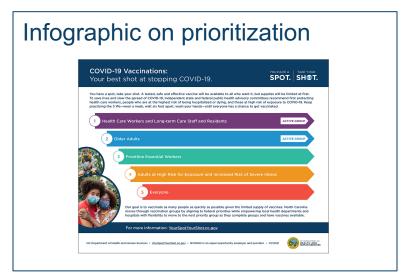
One-page flyer on COVID-19 vaccines to distribute



Frequently Asked Questions (updating weekly)











Keep practicing the 3 Ws: Wear, Wait, and Wash.

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@NCDHHS

#StayStrongNC

- Getting the COVID-19 vaccine and following the 3 Ws is everyone's best protection from getting and spreading COVID-19.
- Continue using the 3 Ws and limiting social gatherings until most people are vaccinated.
- Getting back in control, getting back to family and friends, and getting kids back to school will take some time—but the COVID-19 vaccine and the 3 Ws will get us there quicker and safer.



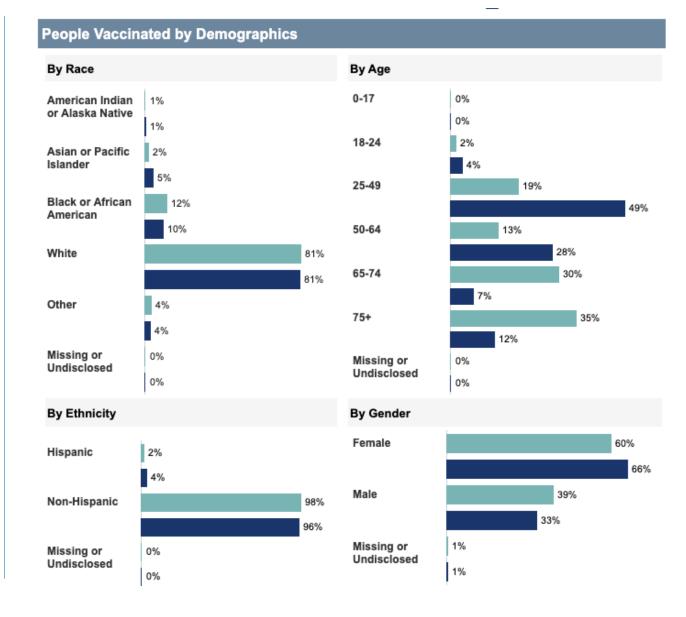
Let's work together to share information. Help distribute information and materials: YourSpotYourShot.nc.gov

- Help direct people to "their spot" for reliable information about the vaccine: Maybe it's you, now that you have new vaccine knowledge
- Show people that you trust the safety and effectiveness of the vaccines: Share your positive experience when you have your shot against COVID-19—use our tip sheet to create and share your own video to promote vaccination:
 files.nc.gov/covid/documents/vaccines/NC-Vaccine-Selfie-Video-Tip-Sheet.pdf
- Use and share the COVID-19 vaccine communications materials to make sure more
 North Carolinians have accurate and up-to-date information on the vaccines: Find them at YourSpotYourShot.nc.gov





We are committed to collecting data that holds us and vaccine providers accountable.





Achieving equity: Meeting people where they are.

- Partnering with communities to hold vaccine events in places trusted and easy to access for historically marginalized populations, such as churches & schools.
- Providing additional vaccine doses to communities with larger historically marginalized populations.
- Providing free transportation for people to receive a COVID-19 vaccine.
- Making it clear to vaccine providers that they should vaccinate historically marginalized groups at rates that reflect their population in the community
- Leveraging community health workers to address questions and connect people to vaccine appointments.

